

Education by Empower series - 2026

Opportunities for employee engagement with hot topics*

Third week of every month: Tuesday at 10 a.m., 1 p.m., 4 p.m., Wednesday at 11 a.m., 2 p.m., 6 p.m., & Thursday at 12 p.m., 3 p.m., & 5 p.m. (Spanish), all ET

Fourth week of every month on Tuesday at 10 a.m., 1 p.m., 4 p.m. , Wednesday at 12 p.m., 3 p.m., 5 p.m., & Friday at 11 a.m. & 2 p.m. all ET.

January	February	March	April	May	June
Building a foundation of financial wellness	Introduction to tax planning	Maximize your savings with an experience built around you	Advanced investing in any market	Sandwich generation	Retirement Readiness
20, 21, 22, 27, 28, 30	17, 18, 19, 24, 25, 27	17, 18, 19, 24, 25, 27	14, 15, 16, 21, 22, 24	19, 20, 21, 26, 27, 29	16, 17, 18, 23, 24, 26
July	August	September	October	November	December
Estate planning	A closer look at Social Security	Planning for healthcare expenses	Navigating financial setbacks	Thriving in retirement	Retirement myths
21, 22, 23, 28, 29, 31	18, 19, 20, 25, 26, 28	15, 16, 17, 22, 23, 25	20, 21, 22, 27, 28, 30	17, 18, 19, 24, 25	15, 16, 17, 22, 23

*Sessions are live and available in Spanish.

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Learn more

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Building a foundation of financial wellness: Explore financial aspects that affect everyone's life, hear personal experiences, and steps to take toward financial wellness.

Introduction to tax planning: Understanding types of taxes, tax-filing information and forms, tax brackets, tax minimization strategies, methods of and common tax filing errors.

Maximize your savings with an experience built around you: A look at your savings, saving in your plan, and resources designed for you.

Advanced investing in any market : Strategies for navigating advanced investing and understanding market volatility.

Sandwich generation: Caring for both aging parents and your own children at the same time, maintaining balance and juggling the needs of parents, children, and yourself, plus how to prepare financially.

Retirement readiness: What is retirement readiness? How much does it take to retire? Estimating and factoring in Social Security.

Estate planning: What estate planning is, benefits of an estate plan, components and documents.

A closer look at Social Security: What is Social Security, when to take it, how pensions affect Social Security, spousal benefits.

Planning for healthcare expenses: Understanding healthcare costs, what you need to know about Medicare, and planning for potential expenses.

Navigating financial setbacks: A look at economic impacts, ways to overcome financial setbacks and landing on your feet after a set back.

Thriving in retirement: Considerations for your retirement years including budgeting, investing, accessing your savings and putting your financial affairs in order.

Retirement myths: Facts vs fiction - Account security, accessing your money, fees and expenses, and more.



[Learn more](#)

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Serie educativa de Empower - 2026

Oportunidades para la participación del empleado con temas comunes*

La tercera semana de cada mes: Los martes a las 10 a.m., 1 p.m., 4 p.m., los miércoles a las 11 a.m., 2 p.m., 6 p.m., & los jueves a las 12 p.m., 3 p.m., & 5 p.m. (español), todas EST.

La cuarta semana de cada mes: Los martes a las 10 a.m., 1 p.m., 4 p.m. , los miércoles a las 12 p.m., 3 p.m., 5 p.m., & los viernes a las 11 a.m. & 2 p.m. todas EST.

Enero	Febrero	Marzo	Abril	Mayo	Junio
Cómo crear las bases del bienestar financiero	Introducción a la planificación de impuestos	Maximizar sus ahorros con una experiencia financiera centrada en usted	Estrategias de inversión avanzada en cualquier mercado	La generación sándwich	Planificación de la jubilación
20, 21, 22, 27, 28, 30	17, 18, 19, 24, 25, 27	17, 18, 19, 24, 25, 27	14, 15, 16, 21, 22, 24	19, 20, 21, 26, 27, 29	16, 17, 18, 23, 24, 26
Julio	Agosto	Septiembre	Octubre	Noviembre	Diciembre
Planificación patrimonial	Un vistazo más de cerca al Seguro Social	Planificación de los costos de atención médica	Navegar los reveses financieros	Prosperar durante el retiro	Los mitos sobre los planes de retiro
21, 22, 23, 28, 29, 31	18, 19, 20, 25, 26, 28	15, 16, 17, 22, 23, 25	20, 21, 22, 27, 28, 30	17, 18, 19, 24, 25	15, 16, 17, 22, 23



Learn more

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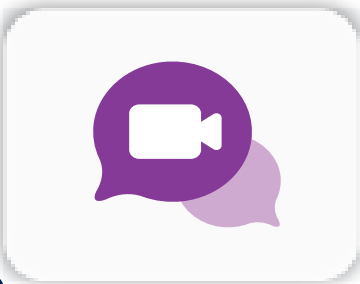
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Cómo crear las bases del bienestar financiero : Explorar los aspectos financieros que afectan la vida de todos, escuchar experiencias personales, y pasos para seguir hacia el bienestar financiero.

Introducción a la planificación de impuestos: Entender los tipos de impuestos, información sobre la presentación de impuestos y formularios, niveles tributarios, estrategias de minimización de impuestos, errores comunes al presentar declaraciones de impuesto.

Maximizar sus ahorros con una experiencia financiera centrada en usted: Una revisión de sus ahorros, ahorrar en su plan, y recursos diseñados para usted.

Estrategias de inversión avanzada en cualquier mercado: Estrategias para navegar la inversión avanzada y comprender la volatilidad del mercado.

La generación sándwich: Cuidar a padres ancianos e hijos, mantener equilibrio y malabar las necesidades de los padres, hijos y usted mismo, además cómo prepararse financieramente.

Planificación de la jubilación: ¿Qué es la planificación de la jubilación? ¿Cuánto se necesita para retirarse? Estimar y tener en cuenta el Seguro Social.

Planificación patrimonial: Lo que es la planificación patrimonial, beneficios de un plan patrimonial, los componentes y documentos.

Un vistazo más de cerca al Seguro Social: ¿Qué es el Seguro Social?, cuándo tomarlo, cómo afectan las pensiones al Seguro Social, beneficios conyugales.

Planificación para los gastos médicos: Comprender los costos de atención médica, lo que necesita saber sobre Medicare, planificación de sus posibles gastos.

Navegar los reveses financieros: Una revisión de los impactos económicos, maneras de superar los reveses financieros y caer de pie después de un revés.

Prosperar durante el retiro: Consideraciones para sus años jubilatorios incluyendo el presupuesto, la inversión, acceso a sus ahorros y poner sus asuntos financieros en orden.

Los mitos sobre los planes de retiro: Protección de la cuenta, retiros, y hechos vs. ficción.

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Aprender más

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